

School-Based Outpatient Services

Your Connection to School-Based Therapy

About Bridges Healthcare's School-Based Services

Bridges school-based program provides therapeutic services to children, youth, and families within their school. Services are provided by a licensed clinician and supported by a clinical supervisor and a child and adolescent APRN prescriber, as needed. There is no cost to families for the services; insurance is billed when it is available.

Services Provided

- Individual therapy once a week
- Group therapy
- Family therapy
- Telehealth therapy
- Parental guidance and education
- School consultation
- Comprehensive treatment planning
- Case management services
- Psychiatric consultation

Scan the QR Code to
Make a Referral



Or visit:

bridgesct.org/school-referrals

Who We Serve

School-based services offer clinical services and supports to children and youth and their families who may be struggling with issues such as anxiety, depression, behavioral difficulties, and trauma. Anyone can make referrals to school-based services. Common referral sources include school personnel, families, the student, and DCF.

How to Connect & Learn More

If you would like more information about the school-based program or would like to make a referral please contact the Program Coordinator, Kaye Henry, by e-mail at khenny@bridgesmilford.org or by phone: 203-878-6365 x490.